## DROP-IN PICKLEBALL





Celebrate National Senior Health and Fitness Day with some pickleball! There will be a physical therapist led stretching clinic starting at 11:30 AM, followed by an overview of pickleball before drop-in play starts. As a bonus, coaches will be available to answer questions.

## WEDNESDAY, MAY 29 11:30 AM - 2:00 PM

## The Pickleball Space, 5665 W. Bell Road Glendale, AZ

No previous experience is needed. Equipment will be provided to use at the clinic. For adults 55+ years of age. \$10.00 registration per person and registration should be completed in advance.

> Please register in advance at:





For more information, please contact Bri Mahr at (623) 930-4610.

